

**City of Golden Parks and Recreation Roster**

I hereby certify that I have read or had read to me the City of Golden Risk and Release form on the reverse side and that I fully understand and knowingly and voluntarily agree to the terms thereof.

Team Name \_\_\_\_\_

Team Manager	Home #	Course #
Address	Work #	Sport
City	Cell#	Division
Zip	Email	Day

Please PRINT clearly and neatly.

	Last Name	First Name	Address	City	Zip	Phone	Signature	Date
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# City of Golden Parks & Recreation

## Acknowledgement of Risk and Release

Please read this form carefully and be aware in registering yourself for participation in this program you will be acknowledging the risk and releasing all claims which you may have as a result of participating in this program.

Athletics is an activity in which, despite preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of injuries such as the following. This list is by no means complete or exclusive, but includes:

1. Heart attack, stroke, and circulatory problems
2. Bone and joint injuries
3. Back injuries
4. Muscle strain and other muscle injuries
5. Foot problems
6. Head, neck, and spinal injuries
7. Heat stroke or heat exhaustion

As a participant in the program, I acknowledge that there are certain risks of injury and I agree to assume those risks which I may sustain as a result of participating in any and all activities connected with or associated with such a program.

I release all claims which may arise against, and agree not to sue, the City of Golden and its officers, agents, employees, and authorized volunteers, on my behalf as a result of participating in the program.

I further agree to indemnify, hold harmless and defend the City of Golden and its officers, agents, employees, and authorized volunteers from any and all claims by other parties resulting from injuries, damages, and losses caused by me arising out of connected with, or in any way associated with the activities of the program.

Fighting, verbal abuse, and alcohol use will not be tolerated. Any player(s) fighting and/or guilty of verbal/alcohol abuse of any kind will be eliminated from league play for the remainder of the season. The Golden Police Department may be called to respond to any incident.

I have read and fully understand the above. I understand this agreement shall not be modified orally.